

**MEETING ID KEY:**

Blue = 494 180 2473

Red = 462 433 5577

	<b>Monday 4/22</b>	<b>Tuesday 4/23</b>	<b>Wednesday 4/24</b>	<b>Thursday 4/25</b>	<b>Friday 4/26</b>	<b>Saturday 4/27</b>
<b>8:00 AM</b>		<b>Stretching &amp; Balance</b>	<b>Stretching &amp; Balance</b>	<b>Stretching &amp; Balance</b>	<b>Stretching &amp; Balance</b>	
<b>9:00 AM</b>	<b>Unit Meeting</b>	<b>Unit Meeting</b>	<b>Unit Meeting</b>	<b>Unit Meeting</b>	<b>Unit Meeting</b>	
<b>10:00am</b>			<b>Menu Planning</b>			
<b>10:30 AM</b>	<b>Job Hour</b>					<b>FOOD DISTRIBUTION</b>
<b>11:00 AM</b>		<b>Food Distribution</b>				<b>Coffee &amp; Chill w/ Albert 11-2pm</b>
<b>11:30 AM</b>						
<b>12:00 PM</b>	<b>Mindfulness</b>	<b>Mindfulness</b>	<b>Mindfulness</b>	<b>Mindfulness</b>	<b>Mindfulness</b>	
<b>12:30 PM</b>	<b>Walk</b>	<b>Walk</b>	<b>Walk</b>	<b>Walk</b>	<b>Walk</b>	
<b>1:00 PM</b>	<b>Unit Meeting</b>	<b>Unit Meeting</b>	<b>Community Meeting</b>	<b>Unit Meeting</b>	<b>Unit Meeting</b>	
<b>1:30pm</b>	<b>Job Course 1:30 pm</b>	<b>Crosswords 1:30 pm</b>		<b>H.O.T.</b>	<b>Job Hour</b>	
<b>3:00 PM</b>	<b>MMM</b>	<b>Walk</b>	<b>Walk</b>	<b>Strength Training</b>	<b>Coffee Clique</b>	
<b>4PM-6PM</b>						