

The Meeting Place Calendar May 2024

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			1 8:30 AM Stretching 9:00 AM Unit Mtg 12:00 Mindfulness/12:30 Walk 1:00 Community Meeting & PM Unit Meeting 3:00 PM walk	2 8:30 Stretching 9:00 AM Unit Mtg 12:00 Mindfulness/12:30 Walk 1:00 Unit Mtg./2:00 HOT 3:00 Strength Training	3 8:30 AM Stretching 9:00 AM Unit Mtg 12:00 Mindfulness 12:30 Walk 1:00 PM Unit Mtg 1:30 Job Hour 3:00 Coffee Clique	4 Food Distribution 10:30 La Jolla Coast Walk 11-2pm Free DL 4/26 W/ Albert
5	6 9:00 AM Unit Mtg 12:00 Mindfulness 12:30 Walk 1:00 PM Unit Mtg 1:30 Job Course 3:00 Music Movement	7 8:30 Stretching 9:00 Unit Mtg 11:00 Food Distribution 12:00 Mindfulness/12:30 Walk 1:00 Unit Mtg. 1:30 Crosswords/3:00 Walk	8 8:30 AM Stretching 9:00 AM Unit Mtg 12:00 Mindfulness/12:30 Walk 1:00 Newsletter Planning & Community Meeting 3:00 PM walk	9 8:30 Stretching 9:00 AM Unit Mtg 12:00 Mindfulness/12:30 Walk 1:00 Unit Mtg./2:00 HOT 3:00 Strength Training Dave's Rock Garden - Free DL 5/2 W/ Albert	10 8:30 AM Stretching 9:00 AM Unit Mtg 12:00 Mindfulness 12:30 Walk 1:00 PM Unit Mtg 1:30 Job Hour 3:00 Coffee Clique	11 Food Distribution 10:30 Kobey's Swap Meet 11-2pm Free DL: 5/3 W/ Maggie
12 Clubhouse Address: 2553 State St San Diego, CA 92101 619-294-9582	13 9:00 AM Unit Mtg 12:00 Mindfulness 12:30 Walk 1:00 PM Unit Mtg 1:30 Job Course 3:00 Music Movement	14 8:30 AM Stretching 9:00 AM Unit Mtg 11:00 Food Distribution 12:00 Mindfulness/12:30 Walk 1:00 Unit Mtg. 1:30 Crosswords/3:00 Walk	15 8:30 AM Stretching 9:00 AM Unit Mtg 12:00 Mindfulness/12:30 Walk 1:00 S.A. Planning & Community Meeting 3:00 PM walk	16 8:30 Stretching 9:00 AM Unit Mtg 12:00 Mindfulness/12:30 Walk 1:00 Unit Mtg./2:00 HOT 3:00 Strength Training	17 8:30 AM Stretching 9:00 AM Unit Mtg 12:00 Mindfulness 12:30 Walk 1:00 PM Unit Mtg 1:30 Job Hour 3:00 Coffee Clique	18 Food Distribution 10:30 FOTMP Prep 11-2pm Free DL 5/10 W/ Jorge
19 FOTMP Fundraiser	20 9:00 AM Unit Mtg 12:00 Mindfulness 12:30 Walk 1:00 PM Unit Mtg 1:30 Job Course 3:00 Music Movement	21 8:30 AM Stretching 9:00 AM Unit Mtg 11:00 Food Distribution 12:00 Mindfulness/12:30 Walk 1:00 Unit Mtg 1:30 Crosswords/3:00 Walk	22 8:30 AM Stretching 9:00 AM Unit Mtg 12:00 Mindfulness 1:00 Community Meeting 3:00 PM walk B-Day Dinner \$3.00 DL 5/15 W/ Maggie & Shana	23 8:30 Stretching 9:00 AM Unit Mtg 12:00 Mindfulness/12:30 Walk 1:00 Unit Mtg./2:00 HOT 3:00 Strength Training	24 8:30 AM Stretching 9:00 AM Unit Mtg 12:00 Mindfulness 12:30 Walk 1:00 PM Unit Mtg 1:30 Job Hour Schizophrenia Day 11-2pm	25 Food Distribution 10:30 Coffee & Chill 11-2PM Free No Deadline W/ Shana
26	27 Memorial Day 10-2 PM w/ Maggie DL: 5/20 Snacks for Purchase	28 8:30 AM stretching 9:00 AM Unit Mtg 11:00 Food Distribution 12:00 Mindfulness/12:30 Walk 1:00 Unit Mtg 1:30 Crosswords/3:00 Walk	29 8:30 AM Stretching 9:00 AM Unit Mtg 12:00 Mindfulness 1:00 Community Meeting & PM Unit Meeting 3:00 PM walk	30 8:30 Stretching 9:00 AM Unit Mtg 12:00 Mindfulness/12:30 Walk 1:00 Unit Mtg./2:00 HOT 3:00 Strength Training	31 8:30 AM Stretching 9:00 AM Unit Mtg 12:00 Mindfulness 12:30 Walk 1:00 PM Unit Mtg 1:30 Job Hour 3:00 Coffee Clique	