

The Meeting Place Calender December 2020

Sun	Mon	Tues	Wed	thurs	Fri	Sat
		1	2	3	4	5
		8:30 AM Stretching 9:00 AM Unit Mtg 11:00 Food Distro 11:30 WHAM 1:00 PM Unit Mtg 1:45 Crosswords 2:30 PM Walk	8:30 AM Stretching 9:00 AM Unit Mtg 11:00 Job hour (by appointment) 1:00 Community Meeting 2:30 PM walk Sunset Walk w/Chris 4-5 PM DL: 11/30	8:30 Morning Workout 9:00 AM Unit Mtg 10:30 AM Walk 11:30 Mindfulness 1:00 PM Unit Mtg 1:45 Cooking Demo 2:30 Stretching	8:30 AM Stretching 9:00 AM Unit Mtg 10:30 AM Walk 11:30 Mindfulness 1:00 PM Unit Mtg 2:15 Zumba 3:00 Coffee Clique	Food Distro 10:30 Photography Scavenger Hunt / Walk w/ Abby 11-12pm DL: 12/3
6	7	8	9	10	11	12
	8:30 Morning Workout 9:00 AM Unit Mtg 10:30 AM Walk 11:30 Mindfulness 1:00 PM Unit Mtg 1:45 Job Course 2:30 Stretching	8:30 AM Stretching 9:00 AM Unit Mtg 11:00 Food Distro 11:30 WHAM 1:00 PM Unit Mtg 1:45 Crosswords 2:30 PM Walk	8:30 AM Stretching 9:00 AM Unit Mtg 11:00 Job hour (by appointment) 1:00 Community Meeting 2:30 PM walk Bingo w/ Denise 3:30-4:30 DL: 12/7	8:30 Morning Workout 9:00 AM Unit Mtg/ NL Planning 10:30 AM Walk 11:30 Mindfulness 1:00 PM Unit Mtg 1:45 Cooking Demo 2:30 Stretching	8:30 AM Stretching 9:00 AM Unit Mtg 10:30 AM Walk 11:30 Mindfulness 1:00 PM Unit Mtg 2:15 Zumba 3:00 Coffee Clique	Food Distro 10:30 Art Day: X-Mas Cards w/ Abby 11am-1pm DL: 12/9
13	14	15	16	17	18	19
Clubhouse Address: 2553 State St San Diego, CA 92101 619-294-9582	8:30 Morning Workout 9:00 AM Unit Mtg 10:30 AM Walk 11:30 Mindfulness 1:00 PM Unit Mtg 1:45 Job Course 2:30 Stretching	8:30 AM Stretching 9:00 AM Unit Mtg 11:00 Food Distro 11:30 WHAM 1:00 PM Unit Mtg 1:45 Crosswords 2:30 PM Walk	8:30 AM Stretching 9:00 AM Unit Mtg 11:00 Job hour (by appointment) 1:00 Community Meeting 2:30 PM walk Hanukkah Celebration w/ Chris 4PM-5PM DL: 12/11	8:30 Morning Workout 9:00 AM Unit Mtg 10:30 AM Walk 11:30 Mindfulness 1:00 PM Unit Mtg 1:45 Cooking Demo 2:30 Stretching	8:30 AM Stretching 9:00 AM Unit Mtg 10:30 AM Walk 11:30 Mindfulness 2:15 Zumba 3:00 BDAY Coffee Clique DL: 12/16	Food Distro 10:30 Art Day: Ornaments w/ Shana 11am-1pm DL: 12/16
20	21	22	23	24	25	26
	8:30 Morning Workout 9:00 AM Unit Mtg 10:30 AM Walk 11:30 Mindfulness 1:00 PM Unit Mtg 1:45 Job Course 2:30 Stretching	8:30 AM Stretching 9:00 AM Unit Mtg 11:00 Food Distro 11:30 WHAM 1:00 PM Unit Mtg 1:45 Crosswords 2:30 PM Walk	8:30 AM Stretching 9:00 AM Unit Mtg 11:00 Job hour (by appointment) 1:00 Community Meeting 2:30 PM Walk NO ACTIVITY	8:30 Morning Workout 9:00 AM Unit Mtg 10:30 AM Walk 11:30 Mindfulness 1:00 PM Unit Mtg Movie & Hot Chocolate ~3-5PM DL: 12/21	Christmas Brunch w/ Abby and Shana 10am-12pm DL: 12/18	Food Distro 10:30 No Activity
27	28	29	30	31		
	8:30 Boot Camp 9:00 AM Unit Mtg 10:30 AM Walk 11:30 Mindfulness 1:00 PM Unit Mtg 1:45 Job Course 2:30 Stretching	8:30 AM Stretching 9:00 AM Unit Mtg 11:00 Food Distro 11:30 WHAM 1:00 PM Unit Mtg 1:45 Crosswords 2:30 PM Walk	8:30 AM Stretching 9:00 AM Unit Mtg 11:00 Job hour (by appointment) 1:00 Community Meeting 2:30 PM walk NO ACTIVITY	8:30 Morning Workout 9:00 AM Unit Mtg 10:30 AM Walk 11:30 Mindfulness 1:00 PM Unit Mtg ~3pm New Years Eve Party		